



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

2021 YMCA KICKBALL RULES

- WAKA Kickball Rule Book as a guideline, but all YMCA Rules will supersede the WAKA Rule Book.
- Player Rules – Teams may field 10 players max, 8 players minimum (must have a minimum of 3 of each gender on the field at all times)
- Kicking Order–Teams bat the entire roster alternating men and women.
- Game Times–50 minutes finish the inning, no new inning after 45 mins.
- Smoking & Alcohol – no smoking or drinking on the field.
- Arguing & Swearing – players may question a call. If a ruling is challenged the referee will refer to the Rule Book. Any players swearing directly at umpires will be ejected from the game. Incidental swearing on the field or in the dugouts will result in a warning, then ejection.
- Kicking Rule – ball can be kicked on or behind home plate. A ball that rolls over the plate is a strike.
- 3 strikes is an out, 4 fouls is an out, 4 balls is a walk.
- A ball that is kicked foul or foul tipped is a strike.
- Ball must be pitched underhand.
- No tap or bunts
- NO stealing bases, no lead offs
- No metal spikes
- THIS IS A NO SLIDE TOURNAMENT (we all have to go to work on Monday).
- Outs – a player may be forced out by tagging a base or being hit by the ball. No throwing the ball at a player's head. If a player is hit in the head, the player is not out unless the player ducks into the throw. And the player is awarded 2 bases . Violent throws to the head will result in ejection from the game.