



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

TENNOVA FAMILY Y
 January 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Open Gym 5:00am-10:00am	Single Person Shoot Around 5:00am-11:30am	Open Gym 8:00am-10:00am	Open Gym ½ Court Basketball 1:00pm-6:00pm
Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Fit 4 Life 10:15am-11:00am	Pickleball/Open Gym 10:00am-1:00pm	*Party Rentals 2:00pm-4:00pm
Pickleball/Open Gym 11am-4:00pm	Pickleball 11am-12:30pm	Pickleball/Open Gym 11am-4:00pm	Pickleball 11am-12:30pm	Pickleball/Open Gym 11am-4:00pm	Open Gym ½ Court Basketball 1:00pm-6:00pm	
Open Gym ½ Court Basketball 4:00pm-10:00pm	Homeschool PE 12:30pm-1:30pm	Open Gym ½ Court Basketball 4:00pm-10:00pm	Homeschool PE 12:30pm-1:30pm	Open Gym ½ Court Basketball 4:00pm-10:00pm	*Party Rentals 1:00pm-6:00pm	
	Open Gym ½ Court Basketball 1:30pm-10:00pm		Open Gym ½ Court Basketball 1:30pm-10:00pm	* Party Rentals 6:00pm-8:00pm		

***Please allow 15 minutes before and after these classes for set up and break down.**