



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DAVIS FAMILY YMCA

INDOOR POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim “() ” indicates # of lanes available	(6)5-7:50 (2) 8-9 (4) 9-10:50 (2) 11-12pm (4) 12-4 (2-3)4-6:30 (4)6:30-8:30	(6)5-7:50 (2) 8-9 (4) 9-10:50 (2) 11-12pm (4) 12-4 (2-3) 4-6:30 (4)6:30-8:30	(6)5-7:50 (2) 8-9 (4) 9-10:50 (2) 11-12pm (4) 12-4 (2-3) 4-6:30 (4)6:30-8:30	(6)5-7:50 (2) 8-9 (4) 9-10:50 (2)11-12pm (4) 12-4 (2-3) 4-6:30 (4)6:30-8:30	(6) 5-7:50 (2) 8-9 (4) 9-10:50 (2) 11-12 (4) 12-8:30	(6) 7-7:50 (3) 8-11:30 (4) 11:30-5:30	(4)1-5:30
Open/Family Swim	9-10:50am 12-8:30pm	9-10:50am 12-8:30pm	9-10:50am 12-8:30pm	9-10:50am 12-8:30pm	9-10:50am 12-8:30pm	12-5:30pm	1-5:30pm
Aqua Aerobics	8-9am 11-12pm	8-9am 11-12pm	8-9am 11-12pm	8-9am 11-12pm	8-9am 11-12pm	8-8:45am	
Group Swim Lessons	4-6:15pm	4-6:15pm Clinic 5-6:30pm	4-6:15pm	4-6:15pm Clinic 5-6:30pm		Parent/Child 9-10 Swim Clinic 10:30-11:30	
Private Lessons	9-11am 12-8:30pm	9-11am 12-8:30pm	9-11am 12-8:30pm	9-11am 12-8:30pm	9-11am 12-8:30pm	7-5:30pm	1-5:30pm

- Please share lap lanes.
- Private Lessons are subject to use lap lanes depending on the needs of their student.
- Lap lanes diminish during Aqua Aerobic hours depending on the volume of the class.
- Pool closes at 8:30pm Mon-Fri and 5:30pm Sat-Sun
- If audible thunder and visual lightning are in our area the pool must shut down for 30 minutes from the last heard thunder or seen lightning. This is in coherence with YMCA of East TN’s insurance policy. Please call ahead if weather conditions are not ideal.
- Group Lessons are January 30-February 23rd from 4-6:15pm.