



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ROCKWALL SCHEDULE

## TENNOVA FAMILY Y

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Open Climb 4:00–8:00pm	Open Climb 5:00–8:00pm	Open Climb 4:00–8:00pm	*Teen Rock Climbing 4:15–5:00
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## ROCK CLIMBING WALL RULES

1. Please listen to the climbing instructor at all times. Climbing instructors reserve the right to refuse service to anyone due to, but not limited to, behavioral or safety concerns.
2. Children must be at least 4 years of age to climb.
3. Children under 8 years of age must be supervised by a parent or guardian 18 years of age or older.
4. Climbers are not permitted to climb in swimsuits or wet clothing.
5. Climbers and spectators are to remain in the carpeted area at all times until instructed otherwise by a climbing instructor.

**SAFETY IS OUR NUMBER ONE CONCERN.** Failure to comply with these rules could result in injury to staff and climbers.

**\*Teen Rock Climbing:** This class is for teens ages 13–18. Climbing builds muscle, endurance, and physical skills. Planning and anticipating moves are also a mental workout. Climbing is also a healthy option for children who are not interested in traditional team sports.