

For Youth Development® For Healthy Living For Social Responsibility

GYM SCHEDULE

CANSLER FAMILY Y 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open GYM 5:30am-9:50pm	Open GYM 5:30am-9:50am	Open GYM 5:30am-9:50am	Open GYM 5:30am-9:50pm*	Open GYM 5:30am-9:50am	Open GYM 8:00am- 10:00am	Open GYM 12:00pm- 4:50pm
Pickleball 10:00am– 12:00pm	Homeschool PE 9:50am-11:00am	Pickleball 10:00am– 12:00pm	Homeschool PE 9:50am-11:00am	Pickleball 10:00am– 12:00pm	Yoga 10:00am- 11:00am	
Open GYM 12:10pm-5:20pm	Open GYM 11:10am-8:50pm	Open GYM 12:10pm-5:45pm	Open GYM 11:10am-8:50pm	Open GYM 12:10pm-8:50pm	Open GYM 11:15am- 5:50pm	
Dance Fitness 5:30pm-6:30pm		Ultimate Fit 6:00pm-7:00pm				
Open GYM 6:40pm-8:50pm		Open GYM 7:10pm-8:50pm				