



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH PROGRAMS

CANSLER FAMILY YMCA

Free programs for Y Members; no registration required:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Child Watch (ages 6 wks - 12 yrs)	9am-12pm 5pm-8pm	9am-12pm 5pm-8pm	9am-12pm 5pm-8pm	9am-12pm 5pm-8pm	9am-12pm	9am-12pm
Aqua Fit for Kids (ages 5-12)			5:45pm-6:30pm			
Youth Fitness (ages 5-12)		6:00pm-7:00pm				

Paid programs for Y Members & guests; inquire at front desk for registration:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Creative Movement			5:15pm-6pm			
Tumble Bugs & Leaping Lizards Ballet (ages 3-5)		10:00am-10:45am (Tumble Bugs)		10:00am-10:45am (LL Ballet) 11:00am-11:45am (Tumble Bugs)		
Youth Dance (Homeschool) (ages 7-12)		11:00am-11:45am				
Swim Lessons (ages 6 mo - 17 yrs)	4-6pm	4-6pm	4-6pm	4-6pm		8:30-11:30am
Homeschool PE (ages 5-12)		10am-12pm		10am-12pm		
TOT Teams of Tomorrow Basketball (ages 3-5)				2pm-2:30pm		
Soccer Shots						9-9:30am (ages 3-5) 9:30-10am (ages 2-3)
TTJC Martial Arts (all ages)	5:30-7:30pm			5:30-7:30pm		

**Look for Open Swim/Family Swim and Open Gym times on our pool and gym schedules.
Download our mobile app for additional schedules.**

CANSLER FAMILY YMCA

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