



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

TENNOVA FAMILY Y

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|----------------------------|
| Open Gym 5:00am-10:00am | Open Gym 5:00am-10:00am | Open Gym 5:00am-10:00am | Open Gym 5:00am-10:00am | Open Gym 5:00am-10:00am | Pickleball 7:00am-11:00am BOTH COURTS | Open Gym 12:00pm-6:00pm |
| Fit 4 Life 10:15am-11:00am | Fit 4 Life 10:15am-11:00am | Fit 4 Life 10:15am-11:00am | Fit 4 Life 10:15am-11:00am | Fit 4 Life 10:15am-11:00am | Open Gym ½ Court Basketball 11:00pm-6:00pm | |
| Pickleball 11:00am-2:00pm | Pickleball 11:00am-12:30pm | Pickleball 11:00am-2:00pm | Pickleball 11:00am-12:30pm | Pickleball 11:00am-2:00pm | *Party Rentals 1:00pm-6:00pm | |
| Open Gym ½ Court Basketball 2:00pm-10:00pm | Homeschool PE 12:30pm-1:30pm | *Open Gym ½ Court Basketball 2:00pm-10:00pm | Homeschool PE 12:30pm-1:30pm | Open Gym ½ Court Basketball 2:00pm-10:00pm | | |
| | Open Gym ½ Court Basketball 1:30pm-10:00pm | *Pickleball clinics every other Wednesday each month | Open Gym ½ Court Basketball 1:30pm-10:00pm | * Party Rentals 6:00pm-8:00pm | | |

***Please allow 15 minutes before and after Fit 4 Life for set up and break down.**