



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DAVIS FAMILY YMCA

## INDOOR POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Swim</b> "()" indicates # of lanes available	(6)5-750 (2) 8-9 (4) 9-1050 (2) 11-12pm (4) 12-4 (2-3)4-630 (4)630-830	(6)5-750 (2) 8-9 (4) 9-1050 (2) 11-12pm (4) 12-4 (2-3) 4-630 (4)630-830	(6)5-750 (2) 8-9 (4) 9-1050 (2) 11-12pm (4) 12-4 (2-3) 4-630 (4)630-830	(6)5-750 (2) 8-9 (4) 9-1050 (2) 11-12pm (4) 12-4 (2-3) 4-630 (4)630-830	(6) 5-750 (2) 8-9 (4) 9-1050 (2) 11-12pm (4) 12-830	(6) 7-750 (3) 8-11 (4) 11-530	(4) 1-530
<b>Open/Family Swim</b>	9-1050am 12-8:30pm	9-1050am 12-8:30pm	9-1050am 12-8:30pm	9-1050am 12-8:30pm	9-1050am 12-8:30pm	12-5:30pm	1-5:30pm
<b>Aqua Aerobics</b>	8-9am 11-12pm	8-9am 11-12pm	8-9am 11-12pm	8-9am 11-12pm	8-9am 11-12pm	8-845am	
<b>Group Swim Lessons</b>	4-615pm	4-615pm	4-615pm	4-615pm			
<b>Private Lessons</b>	9-8:30pm	9-830pm	9-830pm	9-830pm	9-830pm	7-530pm	1-530pm

Please share lap lanes.

Youth Group Lessons are scheduled Mon-Thurs using the furthest lap lane near the exit doors- please be understanding if an instructor reserves this specific lane during Group Lesson hours.

Private Lessons are subject to use lap lanes depending on the needs of their student.

Lap lanes diminish during Aqua Aerobic hours depending on the volume of the class.

Pool closes at 8:30pm Mon-Fri and 5:30pm Sat-Sun

If audible thunder and visual lightning are in our area the pool must shut down for 30 minutes from the last heard thunder or seen lightning. This is in coherence with YMCA of East TN's insurance policy. Please call ahead if weather conditions are not ideal.