

YOUTH PROGRAMS

CANSLER FAMILY YMCA

Free programs for Y Members; no registration required:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Child Watch (ages 6 wks - 12 yrs)	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm	9-12pm
Aqua Fit for Kids (ages 5-12)			5:45pm- 6:30pm			
Youth Fitness (ages 5-12)		6-7:00pm				

Paid programs for Y Members & guests; inquire at front desk for registration:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tumble Bugs & Leaping Lizards Ballet (ages 3-5)		10-10:45am (Tumble Bugs)		10-10:45am (LL Ballet) 11-11:45am (Tumble Bugs)		
Youth Dance (Homeschool) (ages 7-12)		11-11:45am				
Homeschool PE (ages 5-12)		10-12pm		10-12pm		
Homeschool Swim Clinic (ages 5-13)			11-11:45am			
Winter Swim Clinic			5-5:45pm (ages 5-10) 6-6:45pm (ages 11-17)			
Swim Lessons (ages 6 mo - 17 yrs)	4-6pm	4-6pm	4-6pm	4-6pm		8:30-11:30am
TOT Basketball (ages 3-5)				5-5:30p		
Soccer Shots						9-10am
TTJC Martial Arts (all ages)	5:30- 7:30pm			5:30-7:30pm		

Look for Open Swim/Family Swim and Open Gym times on our pool and gym schedules. Download our mobile app for additional schedules.

CANSLER FAMILY YMCA

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