



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CANSLER YMCA

## INDOOR POOL SCHEDULE

April 2024	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Swim</b>	5:30-10am 11-6pm 7-8pm	5:30-10am 11-8pm	5:30-10am 11-5pm 7-8pm	5:30-10am 11-6pm 7-8pm	5:30-10am 11-8pm	8am-5pm	12-4pm
<b>Open/Family Swim</b>	11am-6pm 7-8pm	11am-8pm	11am-8pm	11am-8pm	11am-7pm	11am-5pm	12-4pm
<b>Aqua Aerobics</b>	10:05-11am 6:05-7pm	10:05-11am	10:05-11am	10:05-11am	10:05-11am		
<b>Hydrorider</b>		9-10am	9-10am	9-10am	7-8pm		
<b>Group Swim Lessons</b>	4-6pm	4-6pm	4-6pm	4-6pm		8:30-11am	
<b>Pool Parties</b>						12-4:30pm	2-4pm
<b>Adult Swim Club</b>				6:05-7pm			
<b>Spring Swim Clinics</b>			5-7pm				
<b>Homeschool Swim Clinics</b>			11am-12:30pm				

Please share lap lanes.

Water aerobics takes up the whole pool. Lap lanes move over at 10am and move back at 11am.

Hydrorider takes place in the slide well of the open swim area. You need water shoes for Hydrorider.

Please see our online schedule for lane usage for each activity as well as activity descriptions.

This schedule is subject to change.

### C.W. Cansler YMCA

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