



GYM SCHEDULE

PILOT FAMILY YMCA MARCH 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am		OPEN GYM 1:00pm-4:00pm
Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6 5:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am		Full Court Basketball 4pm-6pm
OPEN GYM 6:30am-9am	OPEN GYM 6:30am-9:45am	OPEN GYM 6:30am-8:00am	OPEN GYM 6:30am-9:45am	Total Body 8:00am-9am	GYM CLOSED 10am-1pm March 16 th March 23 rd	
Ultimate Fit 9:00am-9:45am	Homeschool PE 10am-12pm Day Camp March 12 th 10am-12pm	Kickboxing 8:00am-8:45am	Homeschool PE 10am-12pm Day Camp March 14 th 10am-12pm	Kickboxing 9:30am-10:15am	GYM CLOSED Kinder Hoops 9am-12:30pm March 2 nd March 9 th	
Day Camp 10am-11am March 11 th	OPEN GYM 12:15pm-7pm	Ultimate Fit 9am-9:45am *SENIOR EXPO March 6 th 10am-1pm	OPEN GYM 12pm-7pm	Day Camp 10:30am- 12:30pm March 15th	Family Basketball (NO full court) 12:30pm-3pm	
Pickleball 11am-12:30pm	GYM CLOSED March 12 th 4:30pm-7:30pm	Day Camp 10am-11am March 13th	GYM CLOSED March 14 th 6pm-7:30pm	GYM CLOSED Senior Luncheon March 22 nd 11:30am-1pm		
OPEN GYM 12:45pm-5:15pm	Navy (When Needed) 3:30-5:30pm	Pickleball 11am-12:30pm		*Open Gym 10:30am-5pm Family Basketball (NO full Court) 5pm-7pm		
Day Camp 2pm-3pm March 11th	Day Camp 2pm-3pm March 12th	Day Camp 2pm-3pm March 13th	Day Camp 2pm-3pm March 14th	Day Camp 2pm-3pm March 15th	Open Gym 3pm-5:30pm	
Ultimate Fit 5:15pm-6:15pm	Full Court Basketball 7pm-9:30pm	Open Gym 12:45pm-7pm	Full Court Basketball 7:30pm-9:30pm	Full Court Basketball 7pm-9:30pm		
Full Court Basketball 7pm-9:30pm		Gym Closed Private Event 7pm-9pm				

Updated: 8/11/2020



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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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