



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PILOT FAMILY YMCA

INDOOR POOL SCHEDULE: APRIL

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Lap Swim	5 am – 8:30 am (lap swim only) 8:30 am - 12 pm 12 – 1 pm (Lap swim Only) 1pm – 2pm 2pm – 6pm	5 am – 8:30 am (lap swim only) 8:30 am - 12 pm 12 – 1 pm (Lap swim Only) 1 pm – 6 pm	5 am – 8:30 am (lap swim only) 8:30 am - 12 pm 12 – 1 pm (Lap swim Only) 1pm – 2 (4 lanes) 2pm - 6pm	5 am – 8:30 am (lap swim only) 8:30 am - 12 pm 12 – 1 pm (Lap swim Only) 1 pm – 6 pm	5 am – 8:30 am (lap swim only) 8:30 am - 12 pm 12 – 1 pm (Lap swim Only) 1 pm – 6:30 pm	5 am – 8:30 am (lap swim only) 8:30 am - 12 pm 12 – 1 pm (Lap swim Only) 1 pm – 6:30 pm	7am – 8:30am (Lap Swim only) 1 – 3 pm (2 lanes) 3pm – 5:30pm (3 lanes)	1 pm - 5:30 pm
Open/Family Swim	9:30 am – 12 pm 2 pm – 5 pm	9:30 am – 12 pm 1 – 3:30pm	9:30 am - 12 pm 2 pm – 3:30 pm	9:30 am – 12 pm 1 – 3:30pm	9:30 am – 12 pm 2 pm – 6:30 pm	2 – 5:30pm	1 pm - 5:30 pm	
Aqua Aerobics	8:30 am - 9:30 am		8:30 am - 9:30 am		8:30 am - 9:30 am			
Aqua Hour	1 pm - 2 pm		1 pm – 2 pm		1 pm – 2 pm			
Special Olympics Practice			6:30 pm – 7:15 pm 7:15 pm – 8:00 pm (2 lanes)					
Home School P.E.		10-12pm		10-12pm				
WaterPolo	6 pm – 8 pm		6 pm – 8 pm (4 Lanes)					
Adult Swim Workshop	5 - 6pm							
SWIM LESSONS		3:30 – 6pm	3:30-6pm	3:30-6pm		8:45am – 2pm (5 lanes)		
CHOTA					6:30pm – 8:30pm (6 Lanes)			
TNAQ		6-8pm		6-8pm				

- Please share lap lanes. If lap lanes are full or unable to be shared, a **30-minute workout time will be enforced.**
- View our PDF schedule or mobile app for lane usage for activities and descriptions. **The schedule is subject to change & pool space is adjusted based on volume. During Group lessons, lap lane availability is limited; check the schedule for times & days to plan accordingly.**
- **NO Open/Free Swim during scheduled Water Aerobics, Aqua Hour, LFG class, or Lap Swim only times.**
- **Special Olympics Swim Team:** 2 lap lanes from 6:30 pm to 8 pm on Wednesdays.
- **Home School P.E.-** will be Tuesday / Thursday throughout the school year
- **Group Lessons:** Registration for MaY group lessons will open April 12th for Members and April 15th for Non-Members.
- **Private swim lessons** are subject to change throughout the day and will have access to use the lap lanes if needed.

Pilot Family YMCA

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