



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

**PILOT FAMILY YMCA
 MAY 2024**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am	OPEN GYM 5:00am-5:15am		OPEN GYM 1:00pm-4:00pm
Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am		Full Court Basketball 4pm-5:45pm
OPEN GYM 6:30am-9am	OPEN GYM 6:30am-9:45am	OPEN GYM 6:30am-8:00am	OPEN GYM 6:30am-9:45am	Total Body 8:00am-9am	GYM CLOSED May 11th 7am-3pm	
Ultimate Fit 9:00am-9:45am	Homeschool PE 10am-12pm	Kickboxing 8:00am-8:45am	Homeschool PE 10am-12pm	Kickboxing 9:30am-10:15am	GYM CLOSED May 18 th 10am-1pm	
	OPEN GYM 12:15pm-7pm	Ultimate Fit 9am-9:45am	OPEN GYM 12pm-5pm		Family Basketball (NO full court) 12:30pm-3pm	
Pickleball 11am-12:30pm						
OPEN GYM 12:45pm-5:15pm	Navy (When Needed) 3:30-5:30pm	Pickleball 11am-12:30pm	Ultimate Fit 5:15pm-6:15pm	*Open Gym 10:30am-5pm Family Basketball (NO full Court) 5pm-7pm		
					Open Gym 3pm-5:30pm	
Ultimate Fit 5:15pm-6:15pm	Full Court Basketball 7pm-9:30pm	Open Gym 12:45pm-7pm	Full Court Basketball 7:30pm-9:30pm	Full Court Basketball 7pm-9:30pm		-----
Full Court Basketball 7pm-9:30pm		Gym Closed Private Event 7pm-9pm				



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