



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH PROGRAMS

## CANSLER FAMILY YMCA

**Free programs for Y Members; no registration required:**

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Child Watch</b> (ages 6 wks - 12 yrs)	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm	9-12pm
<b>Youth Fitness</b> (ages 5-12)	6:20pm- 7:10 Gym					

**Paid programs for Y Members & guests; inquire at front desk for registration:**

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Tumble Bugs &amp; Leaping Lizards Ballet</b> (ages 3-5)		10-10:45am (Tumble Bugs)		10-10:45am (LL Ballet) 11-11:45am (Tumble Bugs)		
<b>Homeschool PE</b> (ages 5-12)		10-12pm		10-12pm		
<b>Homeschool Swim Clinic</b> (ages 5-13)			11-11:45am			
<b>Spring Swim Clinic</b>			5-5:45pm Intermediate 6-6:45pm Advanced			
<b>Swim Lessons</b> (ages 6 mo - 17 yrs)	4-6pm	4-6pm	4-6pm	4-6pm		8:30-11:00am
<b>TOT Basketball</b> (ages 3-5)				5-5:30p		
<b>Soccer Shots</b>						9-10am
<b>TTJC Martial Arts</b> (all ages)	5:30- 7:30pm			5:30-7:30pm		

**Look for Open Swim/Family Swim and Open Gym times on our pool and gym schedules.  
Download our mobile app for additional schedules.**

### CANSLER FAMILY YMCA

616 Jessamine St. Knoxville, TN 37917

P 865 637 9622

W [www.ymcaknoxville.org](http://www.ymcaknoxville.org)