

YOUTH PROGRAMS

CANSLER FAMILY YMCA

Free programs for Y Members; no registration required:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Child Watch (ages 6wks - 12yrs)	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm	9-12pm
Youth Fitness (ages 5-12) Gym	Youth Fitness 6:20-7:10pm	Kickball Night 6-7pm		Basketball Night 6-7pm		

Paid programs for Y Members & guests; inquire at front desk for registration:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Dance Programs (ages 3-5)		Tumble Bugs 10-10:45am		Leaping Lizards 10-10:45am				
Group Swim Lessons (ages 6mo - 17yrs)	Paused for the month of August							
TOT Basketball (ages 3-5)				5-5:30p				
Soccer Shots						9-10am		
TTJC Martial Arts (all ages)	5:30-7:30pm			5:30-7:30pm				

Look for Open Swim/Family Swim and Open Gym times on our pool and gym schedules. Download our mobile app for additional schedules.

CANSLER FAMILY YMCA

616 Jessamine St. Knoxville, TN 37917 **P** 865 637 9622 **W** www.ymcaknoxville.org