

YOUTH PROGRAMS

CANSLER FAMILY YMCA

Free programs for Y Members; no registration required:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Child Watch (ages 6wks - 12yrs)	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm	9-12pm
Youth Fitness (ages 5-12) Gym	Youth Fitness 6:20-7:10pm	Kickball Night 6-7pm		Youth Fitness 6-7pm		

Paid programs for Y Members & guests; inquire at front desk for registration:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dance Programs (ages 3-5)		Tumble Bugs 10-10:45am		Leaping Lizards 10-10:45am Tumble Bugs 11-11:45am Tumble Bugs 6:15-7:00pm		
	2.6	2.6	2.6	<u> </u>		0.20 11.00
Group Swim Lessons (ages 6mo - 17yrs)	2-6pm	2-6pm	2-6pm	2-6pm		8:30-11:00am
TOT Basketball (ages 3-5)				4:30-5:00pm		
Soccer Shots						9-10am
TTJC Martial Arts (all ages)	5:30-7:30pm			5:30-7:30pm		

**NEW PROGRAMS ADDED THIS MONTH

Look for Open Swim/Family Swim and Open Gym times on our pool and gym schedules. Download our mobile app for additional schedules.

CANSLER FAMILY YMCA

616 Jessamine St. Knoxville, TN 37917 **P** 865 637 9622 **W** www.ymcaknoxville.org