



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WATER AEROBICS SCHEDULE

DAVIS FAMILY YMCA – NOVEMBER 2024

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|
| | | | | 1) 8AM Christina 11AM Erin | 2) 8AM Andrea 11AM Erin |
| 4) 8AM Erin 11AM Christina | 5) 8AM Jennifer 11AM Stephanie | 6) 8AM Erin 11AM Christina | 7) 8AM Jennifer 11AM Christina | 8) 8AM Christina 11AM Stephanie | 9) 8AM Mendy 11AM Erin |
| 11) 8AM Christina 11AM Erin | 12) 8AM Jennifer 11AM Stephanie | 13) 8AM Erin 11AM Christina | 14) 8AM Jennifer 11AM Christina | 15) 8AM Christina 11AM Erin | 16) 8AM Mendy |
| 18) 8AM Erin 11AM Christina | 19) 8AM Jennifer 11AM Stephanie | 20) 8AM Betsy 11AM Christina | 21) 8AM Jennifer 11AM Christina | 22) 8AM Christina 11AM Betsy | 23) 8AM Mendy |
| 25) 8AM Christina 11AM Erin | 26) 8AM Jennifer 11AM Stephanie | 27) 8AM Erin 11AM Christina | 29) Happy Thanksgiving! The Y is closed. | 29) 8AM 11AM Christina | 30) 8 AM |