

For Youth Development® For Healthy Living For Social Responsibility

GYM SCHEDULE

PILOT FAMILY YMCA February 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am		
Ultimate Fit 9am-9:45am	Homeschool PE 10am-12pm	Les Mills Combat 8am-8:45am	Homeschool PE 10am-12pm	Total Body 8am-9am	GYM CLOSED 8:45-1pm KinderHoops	Full Court Basketball 4pm-6pm
		Ultimate Fit 9am-9:45am		Les Mills Combat 9:15am-10:15am		
Pickleball 10:30am-1pm				Pickleball 10:30am-1pm		
Ultimate Fit 5:15pm-6:15pm	Navy 3:30-5:30pm	Pickleball 10:30am-1pm *NO Pickleball February 12 th	Ultimate Fit 5:15pm-6:15pm		Family Basketball (NO full court) 1pm-3pm	
		GYM CLOSED February 12 th 12pm-5pm				
Full Court Basketball 7pm-9:30pm	Full Court Basketball 7pm-9:30pm	GYM CLOSED Private Event 7pm-9pm	Full Court Basketball 7pm-9:30pm	Family Basketball (NO full Court) 5pm-7pm	*NO FULL COURT UNLESS SPECIFIED ON SCHEDULE	*OPEN GYM UNLESS ACTIVITY OR PROGRAM SPECIFIED

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