

DAVIS FAMILY YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MARCH 2025 INDOOR POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim "()" indicates # of lanes available	(6) 5-750 (2) 8-9 (3) 9-1055 (2) 1055-12 (3) 12-330 (2) 330-830	(6)5-750 (2) 8-9 (3) 9-1055 (2)1055-12 (3) 12-330 (2) 330-8 (6) 8-830	(6)5-750 (2) 8-9 (3) 9-1055 (2)1055-12 (3) 12-330 (2) 330-830	(6)5-750 (2) 8-9 (3) 9-1055 (2)1055-12 (3) 12-330 (2) 330-8 (6) 8-830	(6)5-750 (2) 8-9 (3) 9-1055 (2)1055-12 (3) 12-330 (2) 330-830	(6) 7-750 (2) 750-11 (3) 11-530	(4) 1-530
Open/Family Swim	9-1050am 12-745pm	9-1050am 12-7pm	9-1050am 12-745pm	9-1050am 12-7pm	9-1050am 12-745pm	11-530pm	1-530pm
Aqua Aerobics/ Aqua Fitness	8am-9am 11am-12pm	8-9am 11am-12pm	8-9am 11am-12pm	8-9am 11am-12pm	8-9am 11am-12pm	8-845am	
Group Lessons	330pm- 830pm	330pm-8pm	330pm-830pm	330pm-8pm	330pm-830pm	9pm- 1030pm	
Swim Clinic/ Swim Team	745pm- 845pm	7pm-8pm	745pm-845pm	7pm-8pm	745pm-845pm		
Private Lessons	6am-830pm	6am-830pm	6am-830pm	6am-830pm	6am-830pm	7-530pm	1-530pm

Starting back on Mondays in March, 8am water aerobics will return

Due to swim team and swim clinic free swim will close at 7:45pm on Monday, Wednesday, and Friday, and 7:00pm on Tuesday and Thursday. Only 2 lap lanes will be available during these program times.

All 11 am-12pm classes are now aqua fitness. We encourage everyone to come as normal and bring your friends!

Please share lap lanes.

Private Lessons are subject to use lap lanes depending on the needs of their student.

Pool closes at 8:30pm Mon-Fri and 5:30pm Sat-Sun

Pool closes 30 minutes every time any audible thunder is heard or visible lightening is seen on the premises. Please check at front desk for pool closures when you come in. Please call ahead if weather conditions are not ideal.