



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

PILOT FAMILY YMCA
May 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am	Ultimate Fit 5:30am-6:15am		
Ultimate Fit 9am	Homeschool PE 10am-12pm		Homeschool PE 10am-12pm	Total Body 8am-9am		
		Ultimate Fit 9am				
				BodyCombat 9:15am		Full Court Basketball 4pm-6pm
Pickleball 10:30am-1pm		Pickleball 10:30am-1pm		Pickleball 10:30am-1pm		
Ultimate Fit 5:30pm	NAVY 3:30pm-5:30pm		Ultimate Fit 5:30		Family Basketball 1pm-3pm	
Full Court Basketball 7pm-9:30pm	Full Court Basketball 7pm-9:30pm	GYM CLOSED PRIVATE EVENT 7pm-9pm	Full Court Basketball 7pm-9:30pm	Family Basketball 5pm-7pm		

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Updated: 8/11/2020