



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YOUTH PROGRAMS

## CANSLER FAMILY YMCA

Free programs for Y Members; no registration required:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Child Watch</b> (ages 6wks - 12yrs)	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm 5-8pm	9-12pm	9-12pm
<b>Youth Fitness</b> (ages 5-12) Gym	<b>Youth Fitness</b> 6:00-6:50pm	<b>Kickball Night</b> 6-6:50pm		<b>Youth Fitness</b> 6-6:50pm		

YMCA Paid Programming; inquire at front desk for registration:

Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sport &amp; Splash</b> (ages 5-12)		10-12:00pm		10-12:00pm		
<b>Dance Programs</b> (ages 3-5)		<b>Tumble Bugs (Advanced)</b> 6:15-7:00pm		<b>Tumble Bugs (Beginner)</b> 6:15-7:00pm		
<b>Group Swim Lessons</b> (ages 6mo - 17yrs)						
<b>June 1-14th:</b>	4-6:00pm	4-6:00pm	4-6:00pm	4-6:00pm		8:30-11:00am
<b>June 15-29:</b>	2-4:00pm	2-4:00pm	2-4:00pm	2-4:00pm		8:30-11:00am

Paid Programming by Community Partners:

<b>TOT Basketball</b> (ages 3-5)	Coming back August 2025					
<b>Soccer Shots</b>						9-10am
<b>TTJC Martial Arts</b> (all ages)	5:30-7:30pm			5:30-7:30pm		
<b>The Knight School</b> (Chess)		4:45-6:00pm				

To Register for YMCA Programs visit [ymcaknoxville.org/register](http://ymcaknoxville.org/register)

To register for community partner-run programs, visit:

- TOT Basketball: [teamsoftomorrow.com](http://teamsoftomorrow.com)
- Soccer Shots: [knoxville.soccershots.com](http://knoxville.soccershots.com)
- TTJC Martial Arts: 865-777-BEST
- The Knight School Chess: [tksknoxville.jumbula.com](http://tksknoxville.jumbula.com)

**CANSLER FAMILY YMCA**  
616 Jessamine St. Knoxville, TN 37917  
P 865 637 9622  
W [www.ymcaknoxville.org](http://www.ymcaknoxville.org)