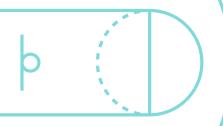
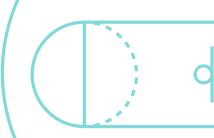
RULE THE COURT







GYMNASIUM SCHEDULE **JULY 2025**

MONDAY

5:30am-6:30am **OPEN GYM**

YMCA Group Ex Class may use the GYM due to nclement weather outside

6:30am-8:45am **OPEN GYM**

8:45am-10:00am **YMCA GROUP EX CLASS**

10:00am-10:20am **OPEN GYM**

10:20am-1:15pm **PICKLEBALL**

1:15pm-5:15pm **OPEN GYM**

5:15pm-6:30pm **YMCA GROUP EX CLASS**

6:30pm-9:45pm **OPEN GYM**

Full Court use permitted after 7 PM if snace allows

TUESDAY

5:30am-6:30am **OPEN GYM**

YMCA Group Ex Class may use the GYM due to

6:30am-10:00am **OPEN GYM**

10:00am-11:00am **OPEN GYM***

may use the GYM due to nclement weather outside

11:00am-2:00pm **OPEN GYM**

2:00pm-4:00pm **GYM CLOSED**

4:00pm-9:45pm **OPEN GYM**

Full Court use permitted after 7 PM if space allows

WEDNESDAY

5:30am-6:30am **YMCA**

GROUP EXERCISE CLASS

6:30am-8:45am **OPEN GYM**

8:45am-10:00am **YMCA GROUP EX**

CLASS 10:00am-10:20am **OPEN GYM**

10:20am-1:15pm **PICKLEBALL**

1:15pm-7:00pm **OPEN GYM**

7:00pm-9:00pm **GYM CLOSED**

9:00pm-9:45pm **OPEN GYM**

THURSDAY

5:30am-6:30am **OPEN GYM**

YMCA Group Ex Class may use the GYM due to

6:30am-10:00am **OPEN GYM**

10:00am-11:00am **OPEN GYM***

YMCA Youth Program may use the GYM due to

11:00am-5:15pm **OPEN GYM**

5:15pm-6:30pm **YMCA GROUP EX CLASS**

6:30pm-9:45pm **OPEN GYM**

permitted after 7 PM if space allows

FRIDAY

5:30am-6:30am **YMCA GROUP EXERCISE**

6:30am-8:00am **OPEN GYM**

CLASS

8:00am-10:15am **YMCA GROUP EX CLASS**

10:15am-1:15pm **PICKLEBALL**

1:15pm-9:45pm **OPEN GYM** Full Court use

permitted after 7 PM if space allows

SATURDAY

7:00am-6:00pm **OPEN GYM**

Full Court use permitted after 4 PM if space allows

SUNDAY

1:00pm-6:00pm **OPEN GYM**

Full Court use permitted after 4 PM if space allows

OPEN GYM REGULATIONS -

All members under 8 years old must be actively supervised by an adult present in the gym. Gym is to be shared amongst all users for basketball or open play. Full court play is only available as indicated on the schedule. Please follow all rules as posted in the gymnasium.

- YMCA PROGRAMS -

Times are reserved for scheduled YMCA programs or rentals. The Y reserves the right to use the gym for Y programs or events with or without notice, although we strive to provide at as much notice as possible.



PILOT FAMILY YMCA

A branch of the YMCA of East Tennessee