

# RULE THE COURT



## GYMNASIUM SCHEDULE – JUNE 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5:30am–6:30am</b> <b>OPEN GYM</b> ----- YMCA Group Ex Class may use the GYM due to inclement weather outside	<b>5:30am–6:30am</b> <b>OPEN GYM</b> ----- YMCA Group Ex Class may use the GYM due to inclement weather outside	<b>5:30am–6:30am</b> <b>YMCA</b> <b>GROUP</b> <b>EXERCISE</b> <b>CLASS</b>	<b>5:30am–6:30am</b> <b>OPEN GYM</b> ----- YMCA Group Ex Class may use the GYM due to inclement weather outside	<b>5:30am–6:30am</b> <b>YMCA</b> <b>GROUP</b> <b>EXERCISE</b> <b>CLASS</b>	<b>7:00am–6:00pm</b> <b>OPEN GYM</b> Full Court use permitted after 4 PM if space allows	<b>1:00pm–6:00pm</b> <b>OPEN GYM</b> Full Court use permitted after 4 PM if space allows
<b>6:30am–8:45am</b> <b>OPEN GYM</b>	<b>6:30am–10:00am</b> <b>OPEN GYM</b>	<b>6:30am–8:45am</b> <b>OPEN GYM</b>	<b>6:30am–10:00am</b> <b>OPEN GYM</b>	<b>6:30am–8:00am</b> <b>OPEN GYM</b>	<b>– OPEN GYM REGULATIONS –</b> All members under 8 years old must be actively supervised by an adult present in the gym. Gym is to be shared amongst all users for basketball or open play. Full court play is only available as indicated on the schedule. Please follow all rules as posted in the gymnasium.  <b>– YMCA PROGRAMS –</b> OR OUTSIDE GROUP USAGE Times are reserved for scheduled YMCA programs or rentals. The Y reserves the right to use the gym for Y programs or events with or without notice, although we strive to provide at as much notice as possible.	
<b>8:45am–10:00am</b> <b>YMCA</b> <b>GROUP EX</b> <b>CLASS</b>	<b>10:00am–11:00am</b> <b>OPEN GYM</b> ----- YMCA Youth Program may use the GYM due to inclement weather outside	<b>8:45am–10:00am</b> <b>YMCA</b> <b>GROUP EX</b> <b>CLASS</b>	<b>10:00am–11:00am</b> <b>OPEN GYM</b> ----- YMCA Youth Program may use the GYM due to inclement weather outside	<b>8:00am–10:15am</b> <b>YMCA</b> <b>GROUP EX</b> <b>CLASS</b>		
<b>10:00am–10:20am</b> <b>OPEN GYM</b>	<b>11:00am–3:30pm</b> <b>OPEN GYM</b>	<b>10:00am–10:20am</b> <b>OPEN GYM</b>	<b>11:00am–5:15pm</b> <b>OPEN GYM</b>	<b>10:15am–1:15pm</b> <b>PICKLEBALL</b>		
<b>10:20am–1:15pm</b> <b>PICKLEBALL</b>	<b>3:30pm–5:30pm</b> <b>GYM CLOSED</b>	<b>10:20am–1:15pm</b> <b>PICKLEBALL</b>	<b>5:15pm–6:30pm</b> <b>YMCA</b> <b>GROUP EX</b> <b>CLASS</b>	<b>10:20am–1:15pm</b> <b>PICKLEBALL</b>		
<b>1:15pm–5:15pm</b> <b>OPEN GYM</b>	<b>5:30pm–9:45pm</b> <b>OPEN GYM</b> Full Court use permitted after 7 PM if space allows	<b>1:15pm–7:00pm</b> <b>OPEN GYM</b>	<b>6:30pm–9:45pm</b> <b>OPEN GYM</b> Full Court use permitted after 7 PM if space allows	<b>1:15pm–9:45pm</b> <b>OPEN GYM</b> Full Court use permitted after 7 PM if space allows		
<b>5:15pm–6:30pm</b> <b>YMCA</b> <b>GROUP EX</b> <b>CLASS</b>		<b>7:00pm–9:00pm</b> <b>GYM CLOSED</b>				
<b>6:30pm–9:45pm</b> <b>OPEN GYM</b> Full Court use permitted after 7 PM if space allows		<b>9:00pm–9:45pm</b> <b>OPEN GYM</b>				

**PILOT FAMILY YMCA**

A branch of the YMCA of East Tennessee

