



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TENNOVA FAMILY YMCA

YOUTH PROGRAMS SCHEDULE

| June 2025 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------|----------------|
| *Open Gym | 5:00am-10:00am 3:00pm-10:00pm | 5:00am-10:00am 1:30pm-10:00pm | 5:00am-10:00am 3:00pm-10:00pm | 5:00am-10:00am 1:30pm-10:00pm | 5:00am-10:00am 3:00pm-10:00pm | 12:00pm-6:00pm | 12:00pm-6:00pm |
| *Open/Family Swim | 1:00pm-6:00pm | 1:00pm-6:00pm | 1:00pm-6:00pm | 1:00pm-6:00pm | 1:00pm-8:30pm | 12:00pm-5:30pm | 1:00pm-5:30pm |
| Rockwall | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm 4:00pm-8:00pm | 4:00pm-8:00pm | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm | |
| Child watch | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm 4:00pm-8:00pm | 8:00am-12:00pm | 8:00am-12:00pm | |
| Teen Fit/"I Can Tenn Fit" | 4:00pm-4:30pm | 5:00pm-5:45pm | | 5:00pm-5:45pm | | | |
| Dance Camp (June 16-18 and June 23-25) | 10:30am-12:30pm | 10:30am-12:30pm | 10:30am-12:30pm | | | | |
| TTJC Martial Arts | 5:00pm-7:00pm | | | | | | |
| Knight School | | | | 4:45pm-6:00pm | | | |
| Lego Club | | 5:30pm-7:30pm | | | | | |
| Art Club | | | 6:00pm-6:45pm | | | | |

Special Event
Friday June 13th – Father's Day Dance

***Schedule subject to change due to rentals and group exercise classes**

TENNOVA FAMILY YMCA
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