



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PILOT FAMILY YMCA

OUTDOOR POOL SCHEDULE: JULY!!

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	7 am – 9 am (lap swim only) 9am – 11am (2 lanes) 11am – 6pm (5 lanes)	7 am – 9 am (lap swim only) 9am – 10am (2 lanes) 10am – 8pm (5 lanes) JULY 29th 10-5:30pm	7 am – 9 am (lap swim only) 9am – 11am (2 lanes) 11am – 8pm (5 lanes)	7 am – 9 am (lap swim only) 9am – 10am (2 lanes) 10am – 5:30pm (5 lanes) 5:30-6:30 (2 lanes) 7:30pm-8pm (10 Lanes)	7 am – 9 am (lap swim only) 9am – 11am (2 lanes) 11am – 12pm (2 lanes) 12pm – 8pm (5 lanes)	10 am – 5:30 pm (5 lanes)	1 pm – 5:30 pm (5 lanes)
Open/Family Swim	11 am – 6 pm	11am – 6pm 6:45-8pm JULY 29th 11-5:30pm	11 am – 8pm	11am – 6pm	12pm – 8 pm	10am – 5:30 pm	1 pm – 5:30 pm
Aqua Aerobics		6-6:45 (4 Lanes) Mary Grace NO class July 29th!!		6 – 6:45 pm (4 lanes) ERIN	11:15am-12pm (4 lanes) LINDA		
WaterPolo	6-8pm (6 lanes)						
Swim Team	9am – 11am (8 lanes) 6pm – 7pm (5 Lanes)	9am – 10am (8 lanes) JULY 29th Swim Banquet 6-8pm	9am – 11am (8 lanes)	9am – 10am (8 lanes) 6:30pm – 7:30pm (8 Lanes)	9am – 11am (8 lanes)		
CAMPS	11 - 2pm	11-2pm	11-2pm	11-2pm	12-3pm		
MASTERS				5:30-6:30pm (3 lanes)			

Please share lap lanes. If lap lanes are full or unable to be shared, a **30-minute workout time will be enforced.**

- View our PDF schedule or mobile app for lane usage for activities and descriptions. **The schedule is subject to change & pool space is adjusted based on volume. During swim team, lap lane availability is limited, Weather; check the schedule for times & days to plan accordingly.**
- **NO Open/Family Swim during scheduled swim team, LFG class, or Lap Swim only times.**
- **Guest Fees:** \$12 for an individual and \$25 for a family
- **Book your birthday party at the outdoor pool (Saturday and Sunday times available)**
- **Any Child 12 and younger must have a guardian of 16 years of age or older on property;** non-swimmer (**red necklaces**) will need a parent or guardian in the water with then in the large pool and at the edge at the baby pool. Shallow water competent swimmer (**yellow necklaces**) will need a parent or guardian on the pool deck. Please refer to our swim test guidelines.
- **If we are very busy the lifeguards will have a schedule all guard break for 15 – 30 minutes**

Pilot Family YMCA

400 North Winston Rd, Knoxville, TN 37909

