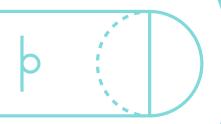
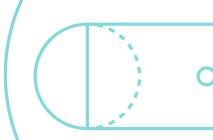
RULETHECOURT







GYMNASIUM SCHEDULE AUGUST 2025

MONDAY

5:30am-6:30am **OPEN GYM**

YMCA Group Ex Class may use the Gym due to inclement weather outside

6:30am-8:45am **OPEN GYM**

8:45am-10:00am YMCA GROUP EX CLASS

10:00am-10:20am **OPEN GYM**

10:20am-1:15pm **PICKLEBALL**

1:15pm-5:15pm **OPEN GYM**

5:15pm-6:30pm YMCA GROUP EX CLASS

6:30pm-9:45pm **OPEN GYM**

Full Court use permitted after 7 PM if space allows

TUESDAY

5:30am-6:30am **OPEN GYM**

YMCA Group Ex Class may use the Gym due to

6:30am-10:00am **OPEN GYM**

10:00am-11:00am **GYM CLOSED***

VMCA Vouth Drogram

YMCA Youth Program may use half or full Gym starting Mid-August

11:00am-2:00pm **HALF GYM**

2:00pm-9:45pm **OPEN GYM**

Full Court use permitted after 7 PM if space allows

WEDNESDAY

5:30am-6:30am YMCA GROUP

GROUP EXERCISE CLASS

6:30am-8:45am **OPEN GYM**

8:45am-10:00am YMCA GROUP EX CLASS

10:00am-10:20am **OPEN GYM**

10:20am-1:15pm **PICKLEBALL**

1:15pm-7:00pm **OPEN GYM**

7:00pm-9:00pm **GYM CLOSED**

9:00pm-9:45pm **OPEN GYM**

THURSDAY

5:30am-6:30am **OPEN GYM**

YMCA Group Ex Class may use the Gym due to inclement weather outsid

6:30am-10:00am **OPEN GYM**

10:00am-11:00am **GYM CLOSED***

YMCA Youth Program may use half or full Gym starting Mid-August

11:00am-5:15pm **OPEN GYM**

5:15pm-6:30pm YMCA GROUP EX CLASS

6:30pm-9:45pm **OPEN GYM**

Full Court use permitted after 7 PM if space allows

FRIDAY

5:30am-6:30am YMCA GROUP EXERCISE

6:30am-8:00am **OPEN GYM**

CLASS

8:00am-10:15am YMCA GROUP EX CLASS

10:15am-1:15pm **PICKLEBALL**

1:15pm-9:45pm **OPEN GYM** Full Court use permitted after 7 PM if space allows

SATURDAY

7:00am-6:00pm **OPEN GYM**Full Court use

Full Court use permitted after 4 PM if space allows

SUNDAY

1:00pm-6:00pm **OPEN GYM**

Full Court use permitted after 4 PM if space allows

- OPEN GYM REGULATIONS -

All members under 8 years old must be actively supervised by an adult present in the gym.

Gym is to be shared amongst all users for basketball or open play.

Full court play is only available as indicated on the schedule.

Please follow all rules as posted in the gymnasium.

- YMCA PROGRAMS -

OR OUTSIDE GROUP USAGE

Times are reserved for scheduled YMCA programs or rentals.
The Y reserves the right to use the gym for Y programs or events with or without notice, although we strive to provide at as much notice as possible.

PILOT FAMILY YMCA

A branch of the YMCA of East Tennessee