

YOUR SWIM. YOUR WAY.

POOL SCHEDULES

AUGUST 2025

LAP SWIM

Lap Swim provides designated lanes for continuous swimming. At least one lane is available at all times and may be shared with others using circle swimming. Swimmers may swim solo when space allows or use circle swimming to accommodate multiple swimmers per lane.

INDOOR POOL

MONDAY	5:00am-8:30am 9:30am-8:30pm
TUESDAY	5:00am-6:00pm
WEDNESDAY	5:00am-8:30am 9:30am-8:30pm
THURSDAY	5:00am-6:00pm
FRIDAY	5:00am-8:30am 9:30am-6:00pm
SATURDAY	7:00am-8:30am 1:00pm-5:30pm
SUNDAY	1:00pm-5:30pm

OUTDOOR POOL

MONDAY	7:00am-8:00pm
TUESDAY	7:00am-8:00pm
WEDNESDAY	7:00am-8:00pm
THURSDAY	7:00am-8:00pm
FRIDAY	7:00am-8:00pm
SATURDAY	12:00pm-5:30pm
SUNDAY	1:00pm-5:30pm

OPEN SWIM

Open Swim is a designated time for all ages to enjoy the pool freely, with space for recreational swimming, water play, and family fun.

INDOOR POOL

MONDAY	9:30am-12:00pm 2:00pm-8:30pm
TUESDAY	8:30am-12:00pm 1:00pm-3:30pm
WEDNESDAY	9:30am-12:00pm 2:00pm-8:30pm
THURSDAY	8:30am-12:00pm 1:00pm-3:30pm
FRIDAY	9:30am-12:00pm 2:00pm-6:00pm
SAT & SUN	1:00pm-5:30pm

OUTDOOR POOL

August 1 st - August 8 th	August 8 th - August 31 st
FRI - Aug 1	MON-FRI No Open Swim
SAT - Aug 2	SATURDAY 12:00pm-5:30pm
SUN - Aug 3	SUNDAY 1:00pm-5:30pm
MON - Aug 4	
TUES - Aug 5	
WED - Aug 6	
THUR - Aug 7	
FRI - Aug 8	

PROGRAMS

WATER FIT
Indoor Pool
Mon, Wed, Fri
8:30am-9:30am

WATER FIT
Outdoor Pool
Tues & Thurs
6:00pm-6:45pm
Friday
11:15pm-12:00pm

AQUA HOUR
Indoor Pool
Mon, Wed, Fri
1:00pm-2:00pm

SEPTEMBER
GROUP SWIM LESSONS
Registration Begins August 12th
Mon-Thur : 3:30pm-6:00pm
Tue & Thur: 9:30am-11:30am
Sat: 8:30am-1:00pm

PILOT FAMILY YMCA

A Branch of the YMCA of East Tennessee

Please note: **The schedule is subject to change**
All pool availability may be updated periodically.