FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

CANSLER FAMILY Y
2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open GYM 5:30am-8:50am	Open GYM 5:30am-9:50am	Open GYM 5:30am-9:50am	Open GYM 5:30am-8:50am	Open GYM 5:30am-8:50am	Open GYM 8:00am-1:50pm	Open GYM 12:00pm-4:50pm
Pickleball 9:00am–12:00pm	Homeschool PE 10:00-11:00pm	Pickleball 10:00am–12:00pm	Homeschool PE 10:00-11:00pm	Pickleball 9:00am–12:00pm	Hoops Lab 2:00pm-3:30pm	
Open GYM 12:10pm-5:50pm	Ultimate Fit 11:10a-12:00pm	Open GYM 12:10pm-5:45pm	Ultimate Fit 11:10a-12:00pm	Open GYM 12:10pm-8:50pm	Open GYM 3:40pm-5:50pm	
Youth Fitness 6:00pm-6:50pm	Open GYM 12:10am-5:50pm	Ultimate Fit 6:00pm-6:50pm	Open GYM 12:10pm-5:50pm			
Open GYM 7:00pm-8:50pm	Youth Fitness 6:00pm-5:50pm	Open GYM 7:05pm-8:50pm	Youth Fitness 6:00pm-6:50pm			
	Open GYM 7:00pm-8:50pm		Open GYM 7:00pm-8:50pm			